**14th Ward Youth Baseball Association - Concussion Policy**

1. All youth participants are encouraged, but not required, to have baseline testing performed annually.
2. Prior to the start of each season, all coaches and umpires are required to complete the CDC’s HEADS UP to Youth Sports: Online Training [**https://headsup.cdc.gov/**](https://headsup.cdc.gov/).  Upon completion of this training, which takes about 30 minutes and is free, each coach/umpire will receive a certification from the CDC.  A copy of that certification is to be provided to the league (which will maintain those certifications on file for a year).  While not required, all parents are also encouraged to complete this training as well.
3. The league shall maintain a “Concussion Incident Log.”
4. Any player – as determined by a league official, coach from the player's team, or an umpire – who exhibits signs or symptoms of a concussion or traumatic brain injury, or is otherwise suspected of suffering a concussion or traumatic brain injury, while participating in an athletic activity shall be immediately removed by the coach from participation in that activity.  When a player is removed from participation, coach of the team on which he or she plays shall fill out and send to Gregory Allen a “Concussion Incident Form” on the same date on which the incident occurred.  All completed “Concussion Incident Forms” shall be maintained by the league for a period of three years.  Within 24 hours of receipt of a “Concussion Incident Form,” the incident shall be logged in the league’s “Concussion Incident Log.”
5. A player who exhibits signs or symptoms of a concussion or traumatic brain injury, or is otherwise suspected of suffering a concussion or traumatic brain injury, **may not** return to participation in an athletic activity for at least 24 hours until he or she is cleared for return to participation in writing by an appropriate medical professional.  All written clearances received by the league shall be maintained by the league for a period of three years.  Within 24 hours of receipt of a written clearance, that clearance shall be logged in the league’s “Concussion Incident Log.”